

IELTS Speaking Course – Week 9

Vocabulary:



- Hockey - 曲棍球
- Volleyball - 排球
- Snowboarding - 单板滑雪
- Rugby - 橄榄球
- Athletics - 田径
- Gymnastics - 体操
- Skating - 滑冰
- Weightlifting - 举重
- Snooker - 斯诺克
- Martial arts - 武术
- Attack - 进攻
- Chase - 追逐
- Catch - 接住
- Defend - 防守
- Dodge - 躲闪
- Intercept - 拦截
- Kick - 踢
- Score - 得分
- Tackle - 抢断
- Throw - 投掷
- Dangerous - 危险的
- Dynamic - 动态的
- Exhilarating - 令人振奋的
- Memorable - 难忘的
- Nail-biting - 紧张刺激的
- Nerve-racking - 令人紧张的
- Thrilling - 惊心动魄的
- Intense - 激烈的
- Fast-paced - 快节奏的
- Liberating - 自由的

请再次听三个人的录音，并在表格中标记这些词语是用于谈论单板滑雪（S）、橄榄球（R）还是排球（V）。



一、描述体育赛事的形容词

thrilling - 激动人心的
dynamic - 充满活力的
intense - 激烈的
memorable - 难忘的
dangerous - 危险的
nail-biting - 令人紧张的
nerve-racking - 令人神经紧绷的
exhilarating - 令人兴奋的
fast-paced - 快节奏的
liberating - 令人解放的
physical - 身体对抗性强的

二、表示体育动作的动词

intercept - 拦截
score - 得分
throw - 抛出
dodge - 躲避
defend - 防守
catch - 抓住 / 获得
chase - 追逐
attack - 进攻
kick - 踢
tackle - 擒抱 / 阻截

Speaking: 口语练习

IELTS Part 2 – Describing a Sporting Event

请看下面的雅思话题卡。然后参考答题范例，运用本节课学过的词汇（运动项目、描述体育赛事的形容词、体育动作）来填空补充内容。



Describe a sporting event you attended.

You should say:

- what event it was
- where and when it took place
- who you went with

and explain why you enjoyed watching this event.

Introduction	I'd like to talk about _____ sporting event I had the opportunity to attend.
What, Where, When, & Who	• Specifically, it was a _____ held at _____. • The event occurred in _____. • I attended the event with _____. We went together because _____.
Why	• The primary reason I enjoyed it so much was _____. For example, _____. • Furthermore, the competition itself was _____. I was particularly impressed by _____. • Ultimately, it was truly memorable because it felt _____.
Conclusion	• Overall, the experience was _____. • To this day, it remains a vivid memory for me because _____.

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- Hoop - 篮筐
- Court - 篮球场
- Sneakers - 篮球鞋
- Racquet - 网球拍
- Ball - 球
- Net - 球网
- Shuttlecock - 羽毛球
- Paddle / Bat - 乒乓球拍
- Table - 乒乓球台
- Golf Club - 高尔夫球杆
- Bat - 球棒

- Baseball - 棒球
- Glove / Mitt - 手套
- Helmet - 头盔
- Shoulder Pads - 肩垫
- Knee Pads - 护膝
- Swimsuit - 泳衣
- Goggles - 泳镜
- Swim Cap - 泳帽
- Surfboard - 冲浪板
- Leash - 脚绳

- Skis - 滑雪板
- Ski Poles - 滑雪杖
- Ski Boots - 滑雪靴
- Goggles - 护目镜
- Snowboard - 单板滑雪板
- Boxing Gloves - 拳击手套
- Punching Bag - 沙袋
- Hand Wraps - 手部绷带
- Dumbbell - 哑铃
- Barbell - 杠铃
- Bench - 训练凳

Sports	Equipment	Verbs
a. Table tennis (ping-pong)	Ping-pong table, bats, net, and ball	Play
b.		
c.		
d.		
e.		

Speaking (IELTS Part 3): 用连接词和你自己的想法完成句子，以回答雅思口语考试第三部分的这些问题：

QUESTION: Why do some people prefer individual sports over team sports, and vice versa?

On the other hand

because

Therefore

Additionally

Individual sports are suitable for people who _____. [对比连接词], team sports attract people who _____. [结果连接词], a person might choose _____ over _____. [原因连接词] they _____. [递进连接词], individual/team sports _____.

QUESTION: Do you think technology has had a positive or negative impact on sports?

Furthermore

moreover

consequently

however

The use of technology in sports brings several benefits such as _____. [对比连接词] (1) _____, technology can also _____. [结果连接词] (2) _____, _____ [原因连接词] (3) _____. [递进连接词] (4) _____, technology _____.